

PARTICK

COMMUNITY HEALTH ACTIVITIES

**Annexe Healthy Living Centre
9A Stewartville St G11 5PE**



Sign up for **Cooking Demonstrations & Workshops**

1st June Open Demo : Zesty Mexican Fish Stew, Orzo & Corn Salad
8th June Workshop: (12 places –Please Book)

22nd June Open Demo: Mexican BBQ Chicken, Guacamole & Salad
29th June Workshop: (12 places- Please Book)

**Learn to make delicious meals from scratch
Healthy eating discussion and tips
Health Benefits and nutritional information available**

**Wednesdays 1-3pm
£3 Donation**

If you would like to book a place or for more information contact
Michele Keenan

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