

Day	Group/Activity	Time	Start Date	Finish Date	Donation	Information	Capacity
<b>Monday</b>							
McC Hall	Partick Pluckers - Volunteer Led	10am-12pm	16.8.21	13.12.21	£2.50	Enquire with group	27
Café	Social Café & Table Games - SPRING	11am-1pm	9.8.21	6.12.21	Free	Enquire with Mags	16
Outdoors	Walking Group	10:15 - 11:15am	9.8.21	9.12.21	Free	Places available FCFS	8
McC Hall	Knit and Natter Group - Volunteer Led	2pm-4pm	2.8.21	13.12.21	£3	Enquire with group	20
Pollock Room	Beginners Stained Glass Class	5.30pm to 7.30pm	4.10.21	25.10.21	£4	For beginners only FCFS - call office 0141-4061013	8
<b>Tuesday</b>							
DC Room	Step Forward - Toe Nail Service	10am - 1pm	10th Aug	bi-monthly	£5	Call Michele to request appointment 0141 212 3984	various
Café	Lunch Club	11.45-12.45pm	ongoing	ongoing	£4 or £5	Drop in at 11.45 or 1pm for lunch service	18
Café	Lunch Club	1pm - 2pm	ongoing	ongoing	£4 or £5	Drop in at 11.45 or 1pm for lunch service	18
McC Hall	Line Dancing	2pm - 3pm	3.8.21	14.12.21	£4	Call office to book place: 406 1013	14
McC Hall	Line Dancing	3pm - 4pm	3.8.21	14.12.21	£4	Call office to book place: 406 1013	14
<b>Wed</b>							
Pollock Room	Healthy Living Club	10am -12pm	18.8.21	3.11.21	Free	Places available - contact 212 3985	12
McC Hall	Yoga Class	11am-11.50pm	4.8.21	15.12.21	£4	Call 406 1013 to book place - Bring own mat	14
McC Hall	Yoga Class	12pm-12.50pm	4.8.21	15.12.21	£4	Call 406 1013 to book place - Bring own mat	14
Café	Lunch Club	11.45-12.45pm	ongoing	ongoing	£4 or £5	Drop in at 11.45 or 1pm for lunch service	18
Café	Lunch Club	1pm - 2pm	ongoing	ongoing	£4 or £5	Drop in at 11.45 or 1pm for lunch service	18
McC Hall	Choir	2pm - 4pm	8.8.21	8.12.21	£3	Call office 406 1013 to book place	16
Pollock Room	Healthy Cooking on a Budget	1.30pm-3.30pm	6.10.21	24.11.21	£2	Call office 406 1013 to book place	8
<b>Thursday</b>							
McC Hall	Parent & Toddlers - Volunteer Led	10am - 12pm	TBC	TBC	£1.50	TBC	TBC
Café	Lunch Club	11.45-12.45pm	ongoing	ongoing	£4 or £5	Drop in at 11.45 or 1pm for lunch service	18
Café	Lunch Club	1pm - 2pm	ongoing	ongoing	£4 or £5	Drop in at 11.45 or 1pm for lunch service	18
McC Hall	Jazzercise Class	1.30-2.20pm	5.8.21	16.12.21	£4	Call office to book place: 406 1013	14
McC Hall	Jazzercise Class	2.30-3.20pm	5.8.21	16.12.21	£4	Call office to book place: 406 1013	14
Outdoors	Walking Group	2pm - 3pm	5.8.21	9.12.21	Free	Places available FCFS	8
McC Hall	Tai Chi Tasters for Beginners (Qigong)	5.30pm-6.30pm	5.8.21	9.12.21	£4	Call office to book place: 406 1013	14
<b>Friday</b>							
Pollock Room	Annexe Art Group - Volunteer Led	10.30-12.30pm	6.8.21	10.12.21	£5	Enquire with group	8
McC Hall	Group Meditation Class	11 - 12pm	6.8.21	10.12.21	£2	FCFS	14
Café	Lunch Club	11.45-12.45pm	ongoing	ongoing	£4 or £5	Drop in at 11.45 or 1pm for lunch service	18
Café	Lunch Club	1pm - 2pm	ongoing	ongoing	£4 or £5	Drop in at 11.45 or 1pm for lunch service	18
Pollock Room	Community Art - Tasters for Beginners	2pm - 4pm	6.8.21	26.11.21	£4	Call office 406 1013 to book place	8

**Volunteer-led Classes: enquire with group**      **Subsidised classes: enquire with at reception, some are first come first served (FCFS) and others are waiting list only**

Other Activities	Where	When	Cost	Information
Outdoor Gym - led sessions	Mansfield Park -	Saturdays 10-11am	free	Just turn up
Health Issues in the Community Intro Workshops	Annexe - 2-4pm	Thurs 30th Sep	free	12 Places available contact Angie - 212 3985

Updated  
22.9.21