

Social Prescribing at the Annexe

If you're feeling isolated, low in mood, inactive, or living with a long-term condition, our Social Prescriber can offer one-to-one support. We'll help you get involved in activities at the Annexe, or signpost you to the support you need in the wider community.

Referrals are made by registered health professionals, and you'll receive up to 3 months of personalised support to help you build confidence and connect with others.

 0141 483 8885

 SP@annexecommunities.org.uk

Free Freezer Fridays

Just drop in to the Annexe

Fridays 2-4pm

Upcoming session dates:

Jul: 31

Aug: 7, 14, 21, 28

Sep: 4, 11, 18



Support Our Work – Donate Today



Your donation helps fund health and wellbeing activities that make a real difference. Every contribution counts.



SCAN HERE



Annexe Cafe

Mondays - 12-2pm

Tue to Thu - 10.30-2.30pm

Fridays - Closed

£6 for hot meal deal with T/C
And surplus supermarket food to take away for free!



Contact:

9 Stewartville Street

Partick, Glasgow, G11 5PE

Tel: 0141 357 6747

www.annexecommunities.org.uk



/AnnexePartick



Wellbeing on your doorstep

Annexe Communities

Summer 2026

Keep an eye on Annexe notice boards and social media for news of one-off activities and events.

Annexe App now available!



Scan QR code or search "Annexe Communities" on your app store to download



Day	Group/Activity	Time	Start Date	Finish Date	Donation	Information
Monday						
McC Hall	Partick Pluckers - Volunteer led	10.00-12.00	03.08.26	07.12.26	£2.50	Enquiries contact: 07896 125 247
Café	Social Cafe - Board Games, Chat & T/C	10.00-12.00	03.08.26	07.12.26	Free	Drop in
Cafe	Cafe	12.00-1.30	ongoing		menu	Cafe
McC Hall	Knit and Natter Group - Volunteer Led	2.00-4.00	03.08.26	07.12.26	£3	Enquire with group
Tuesday						
McC Hall	Partick Circle Dancing Group	10.30-12.30	04.08.26	08.12.26	£3	Enquire with group
Café	Café	10.30-2.30	ongoing		menu	Last meal order 2pm
Pollock Room	Jazzercise	1.00-2.00	18.08.26	08.12.26	£4	Places available FCFS
Pollock Room	Line Dancing	2.30-3.30	18.08.26	08.12.26	£4	Places available FCFS
Cafe	Cost of Living Support Group	3.00-4.45	ongoing		Free	All Welcome
Wednesday						
McC Hall	Beginners Guitar	9.00-11.00	19.08.26	09.12.26	£3	Call 357 6747 and leave your name and number
McC Hall	Chair Yoga Class	11.05-11.55	19.08.26	09.12.26	£4	Places available FCFS - bring own mat
McC Hall	Linda's Gentle Yoga Class	12.10-1.00	05.08.26	09.12.26	£6	Places available FCFS - bring own mat
Café	Café	10.30-2.30	ongoing		menu	Last meal order 2pm
McC Hall	Community Choir	2.00-4.00	19.08.26	09.12.26	£3	Places available FCFS
Pollock Room	Healthy Cooking on a Budget - 4 weeks	1.30-3.30	TBC	TBC	£3	Call 357 6747 and leave your name & number
Thursday						
Café	Café	10.30-2.30	ongoing		menu	Last meal order 2pm
Pollock Room	Art at the Annexe - Volunteer Led	10.30-12.00	06.08.26	10.12.26	£5	Enquire with group
Pollock Room	Partick Friends Group	1.30-3.30	06.08.26	10.12.26	£3	Places available FCFS
McC Hall	Phoenix Walking Group	2.00-4.00	3rd Thurs every month		Free	All welcome!
Friday						
McC Hall	Pint-sized Picasso	10.00-12.00	TBC	TBC	-	Enquire Hayley: 07983 161 887
DC Room	Free Freezer Friday	2.00-4.00	ongoing		Free	While stocks last!