

Social Prescribing at the Annexe

If you're feeling isolated, low in mood, inactive, or living with a long-term condition, our Social Prescriber can offer one-to-one support. We'll help you get involved in activities at the Annexe, or signpost you to the support you need in the wider community.

Referrals are made by registered health professionals, and you'll receive up to 3 months of personalised support to help you build confidence and connect with others.

 0141 483 8885

 SP@annexecommunities.org.uk

Free Freezer Fridays

Just drop in to the Annexe
Fridays 2-4pm

Upcoming session dates:
Jul: 3, 10, 17, 24, 31
Aug: 7, 14, 21, 28



Support Our Work – Donate

Today

Your donation helps fund health and wellbeing activities that make a real difference. Every contribution counts.



SCAN HERE



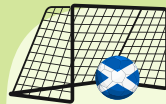
Annexe Cafe

Mondays - 12-2pm

Tue to Thu - 10.30-2.30pm

Fridays - Closed

£6 for hot meal deal with T/C
And surplus supermarket food to take away for free!



Contact:

9 Stewartville Street

Partick, Glasgow, G11 5PE

Tel: 0141 357 6747

www.annexecommunities.org.uk

 /AnnexePartick



BIGGER PARTICK PICNIC
12:00-17:00
JUNE 27

FREE ENTRY

PARTICK
MANFIELD PARK

MAIN STAGE INCLUDING • STEEL BAND • 10-PIECE CHOIR • PERCUSSIONIST • ACOUSTIC COVERS • DJ • CAPOEIRA • COMMUNITY STALLS SUCH AS WORLD CUP THEMED GAMES • MUSEUM WORKSHOPS • PLANTING • ARTS & CRAFTS • ENTERTAINMENTS WITH FACE PAINTING • BUBBLOGOLOGIST • GRAFFITI WALL • GAMES AND MORE...

Most activity classes take a break over summer - please check timetable for dates.

Day	Group/Activity	Time	Start Date	Finish Date	Donation	Information
Most tutor-led and volunteer-led groups take a break over summer - groups & classes back w/b 17th August						
Monday						
McC Hall	Partick Pluckers - Volunteer led	10-12pm	03.08.26	10.08.26	£2.50	Enquiries contact: 07896 125 247
Café	Social Cafe - Board games, chat & T/C	10-12pm	03.08.26	10.08.26	Free	Drop in
Café	Café	12-2pm	29.06.26	10.08.26	menu	Last meal order 1.40pm
McC Hall	Knit and Natter Group - Volunteer Led	2-4pm	03.08.26	10.08.26	£3	Enquire with group
Tuesday						
McC Hall	Partick Circle Dancing Group	10:30-12:30pm	04.08.26	11.08.26	£3	Enquire with group
Café	Café	10.30-2.30pm	30.06.26	11.08.26	menu	Last meal order 2pm
Café	Cost of Living Support Group	3-4.30pm	30.06.26	11.08.26	Free	All welcome!
Wednesday						
Café	Café	10.30-2.30pm	01.07.26	12.08.26	menu	Last meal order 2pm
McC Hall	Linda's Gentle Yoga Class	12-1pm	05.08.26	12.08.26	£6	Places available FCFS - bring own mat
Pollock Room	Healthy Cooking on a Budget - 4 weeks	1.30-3.30pm	15.07.26	05.08.26	£3	Call 357 6747 and leave your name & number
Thursday						
Pollock Room	Art at the Annexe - Volunteer led	10:30-12pm	06.08.26	13.08.26	£5	Places available - FCFS
Café	Café	10.30-2.30pm	02.07.26	13.08.26	menu	Last meal order 2pm
Pollock Room	Partick Friends Group	1:30-3:30pm	06.08.26	13.08.26	£3	Places available - FCFS
McC Hall	Partick phoenix walking group	2-4pm	16.07.26 & 20.08.26		Free	Meet every 3 rd Thursday of the month
Friday						
McC Hall	Pint-Sized Picasso	10-12pm	TBC	TBC	-	Enquire Hayley: 07983 161 887
DC Room	Free Freezer Friday	2-4pm	03.07.26	14.08.26	Free	While stocks last!