

# Twinkle Toes

**Anderston**

## **Personal Foot Care Service**

*Keeping your toe nails trimmed is an important part of keeping you comfortable, healthy, active, and reducing your risk of falling*

This service is run by  
Annexe Communities NHS trained  
volunteers and staff

### **Thursday 13th Feb 2020**

**12-2pm ( half hour slots)**

Available to Elderslie Court Residents

In the back room

( at the 2nd floor guest room) at

Elderslie Court

Cost **£5**

**Personal use NHS Clippers provided FREE**

**For more information or If you are interested in accessing this service or to make an appointment please contact :**

[michele.keenan@annexecommunities.org.uk](mailto:michele.keenan@annexecommunities.org.uk)

**Phone: 0141-212-3984**

**Please also register your interest with Janet at Elderslie Court reception**



PARTICK  
HEALTHY LIVING CENTRE

Registered Charity: SC002491  
Company Number : SC215070