

Townhead

COMMUNITY HEALTH ACTIVITIES

**@ Townhead village Hall
60 St Mungos Avenue G4 0PE**



Complementary Therapies

Reiki- Indian Head or Back Massage

(30 minute sessions available)

Take Time out for yourself
Relax , de-stress and chill out!

Thursdays

8th — 29th September 2016

11.30-1.30pm

Please

call the number below
to book a place

(Donations Welcome)

If you would like more information contact
Michele Keenan, Project Development Worker
on **0141-212-3984** or email
michele.keenan@annexecommunities.org.uk



Registered Charity: SC002491 Company Number: SC215070
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