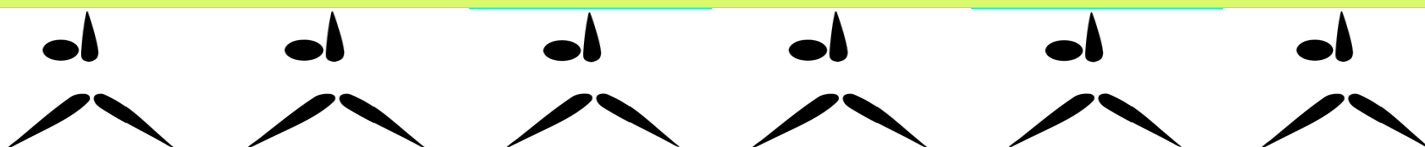


# **TOWNHEAD**

## **Community Health Activities**

### **Free**

**Townhead Village Hall**  
**60 St Mungo Avenue, G4 0PL**



## **Gentle Exercise**

**Thursdays**

**Simple and stimulating stretches and exercises to improve your fitness strength and lifestyle**

**11.00pm– 12.00pm**

**Starts**

**26th January-30th March 2017**

**( for 10 weeks)**

If you would like more information please contact:  
Michele Keenan, Project Development Worker on 0141-212-3984  
or email [michele.keenan@annexecommunities.org.uk](mailto:michele.keenan@annexecommunities.org.uk)



PARTICK  
HEALTHY LIVING CENTRE

