

Anderston

COMMUNITY HEALTH ACTIVITIES

**Salvation Army Hall
1 Houldsworth St G3 8DU**



After School Club

Smoothie Demonstration

- Yummy Scrummy*
- Turbo Charge*
- Caribbean Crush*
- Melon Zinger*

Boost your vitality and learn to make delicious smoothies from scratch

Healthy eating discussion and tips

Health Benefits and nutritional information available

Wednesday 7th June 2017

3.30-4-45pm

Free

If you would like more information contact
Michele Keenan

Annexe Communities on 0141-212-3984
michele.keenan@annexecommunities.org.uk

