

PARTICK

COMMUNITY HEALTH ACTIVITIES

**Annexe Healthy Living Centre
9A Stewartville St G11 5PE**



Sign up for
Cooking Workshops
Winter warmers

4th Nov— Week One: *Spaghetti Bolognese*

11th Nov—Week Two: *Root Vegetable Thai Curry*

18th Nov—Week Three: *Cullen Skink and Tattie Scones*

25th Nov—Week Four: *Chorizo Chicken and Chickpea Casserole*

**Learn to make delicious meals from scratch
Healthy eating discussion and tips
Health Benefits and nutritional information available**

Wednesdays 1-3pm

£2

November 4th — November 25th 2015

(for 4 weeks)

If you would like to book a place or for more information contact
Michele Keenan

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