

PARTICK

COMMUNITY HEALTH ACTIVITIES

Free

Annexe Healthy Living Centre
9A Stewartville St G11 5PE



Sign up for

Cooking Workshops

Week One: *Tuna Herby Pasta with Perfect Garlic Bread*

Week Two: *Cajun Sausage*

Week Three: *Oaty Salmon Fishcakes and Coleslaw*

Week Four: *Chicken and Lentil Curry*

Learn to make delicious meals from scratch
Healthy eating discussion and tips
Health Benefits and nutritional information available

Tuesdays 1-3pm

May 5th — May 26th
(for 4 weeks)

If you would like to book a place or for more information contact
Michele Keenan

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michele.keenan@annexecommunities.org.uk

