

# THE WEST END



# WARBLERS

## Connects2 Choir

For 60+

**Singing improves your confidence and mood  
and increases your sense of wellbeing**

**“Feeling better is pretty much guaranteed!”**

**So don't just sing in the shower  
Come and lift your spirits !**



**Wednesdays  
23rd Jan — 27th Mar  
2019  
2.00-4.00pm  
£3**

Registered Charity: SC002491  
Company Number : SC215070



PARTICK  
HEALTHY LIVING CENTRE

