

ANNUAL REPORT

2011



PARTICK HEALTHY LIVING CENTRE

THE ANNEXE
9A STEWARTVILLE STREET
GLASGOW
G11 5PE

T: 0141 357 6747

E: INFO@ANNEXECOMMUNITIES.ORG.UK
WWW.ANNEXECOMMUNITIES.ORG.UK

SCOTTISH CHARITY NUMBER: SC002491
COMPANY NUMBER: 215070

1. Background

Annexe Communities began life as Partick Community Association nearly 30 years ago. Members were mainly residents and community activists. The key issue then - as today - was to help the disadvantaged, particularly those suffering as a result of poverty or poor health.

In 1996 around 10,000 residents signed a petition which helped us gain approval from Glasgow City Council to use what was formerly St Peters' Boys' School in Stewartville Street as a base for our work. The Annexe was born in 2001 and with Lottery funding quickly became established as a recognised Healthy Living Centre. In 2008, under a contract with the local Community Health and Care Partnership we extended our work to four neighbouring communities - Townhead, Anderston, Knightswood and Netherton.

Becoming Annexe Communities

Last year following an internal review, we changed our name to Annexe Communities to reflect that our activities now extend well beyond Partick. A business plan has been created for 2011-2014 with specific focus on developing Annexe Communities as a social enterprise. We plan to reduce our reliance on grant support and grow our self-generated income by 22% during the life of the business plan. In the past year funding awards for special projects were secured from the Climate Challenge Fund and the Big Lottery Fund.

Vision

Annexe Communities exists to help create healthier people and healthier communities within central and west Glasgow. Our mission is to continuously engage with local people and to maintain our position as a key provider of cost-effective wellbeing initiatives, resulting in fitter, resilient and more active communities.

2. Chairperson's report

Now, by any measure we have had a very good year, so far, at Annexe Communities. Securing funding from a wide range of funders and adapting our operation in order to continue to deliver activities and services to the people of Patrick and beyond. This is no mean achievement, at this time of awful economic austerity. There is widespread hardship in our communities, financial uncertainty and cut backs. These are the hard realities that many other organisations in our sector have had to face, resulting in a bleak future or sadly disappearing completely.

Our current success is well deserved and has been hard earned. Indeed everyone involved - "Our Team Annexe"- have been and continue to be patient, optimistic and positive.

Over recent months we have improved our infrastructure, website and IT systems; we have created a detailed business plan, which looks at developing Annexe Communities as a social enterprise, less reliant on grant support and funding and better placed to self-generate income; we have had success in securing important funding awards notably from the Big Lottery Fund, enabling us to work with older people and carers; and the Climate Challenge Fund which helped create the Back Garden Project in Brechin Street, in Anderston.



**The Back Garden Anderston –
Community Vegetable Growing Project**

All of this has been the result of hard work and endeavour, and that hard work and activity continues.

I therefore think a very large expression of gratitude must go to Julie and the team. Thank you, all of you.

3. General Manager's report

Annexe Café - The healthy eating community café continues to serve as the hub of the Healthy Living Centre in Partick. Freshly made meals are prepared daily. Since it began serving healthy food in 2001 the café has been successful in gaining three 'Scottish Healthy Living' awards. The café caters for an average of 40 customers per day and provides refreshments for groups using the centre. The café is particularly inclusive and welcoming to vulnerable adults.



Annexe Cafe Cook - Tony

Annexe Letting – Function rooms in Partick Healthy Living Centre are hired out when not needed for our activities. This generates much needed revenue to contribute towards the running costs of the building. Last year 63 different groups used our facilities.

Annexe Enterprise - The range of healthy living services available to the local community is also available to external organizations at a reasonable cost. These services generate income to supplement running costs. For example we deliver healthy eating workshops, stress management activities and guided health walks.

Partick Programme – Annexe Communities continues to work alongside the community of Partick to develop and deliver free and subsidised healthy and well-being activities. These include art classes, stained glass workshops and photography. In the past year over 500 residents participated regularly in our Partick activities, with a total footfall of almost 22,000.

Outreach Projects: Healthy living initiatives - our service level agreement with Glasgow Community Health Partnership continued and we delivered a range of health and well-being activities in partnership with four communities across west Glasgow: Anderston, Townhead, Netherton and Knightswood. In total we recorded footfall of around 3,800 residents across the four neighbourhoods.

Community Engagement Activities; Partick Health Open Days have an average attendance of 60 residents for each event and outreach Community Health Clubs attract on average 25 residents per week and Alternative Saturday Night events are usually full with around 65 participants

Physical Activity; Yoga, guided health walks, gentle exercise and aerobics took place on a weekly basis in Partick and the four outreach neighbourhoods.

Healthy Eating; 6 week healthy cookery courses, soup and smoothie workshops and demonstrations are customized to suit the needs of the participants and communities.



Annexe Art Class

Well-being Activities; Complementary therapies, stress management workshops, positive lifestyle groups and self help groups have all been well received in the past year.

Capacity Building; A key part of our work is supporting and training volunteers, particularly supporting local groups to take positive action around health issues. One of the major projects this year was Annexe GROWS – funded by the Climate Challenge Fund. This initiative enabled Annexe Communities to work alongside residents of the Anderston neighborhood to develop and create a community vegetable garden project. The 'Back Garden' officially opened in June and is growing fruit and vegetables. The project is now run by a newly formed group of residents – the G3 Growers.

4. Finance report

Similar to most small voluntary organizations in Glasgow, sustainability has remained a challenge for Annexe Communities in the past year. However we have managed to retain stability with our core activities and our outreach projects. The figures below summarise the last financial year 2010-11. We raise around 75% of our overall core costs with the remaining 25% subsidised by an independent charitable funder.

Independent Examiner: Brett Nicholls Associates	
Total income 2010/11 - £364,438	Total expenditure 2010/11 - £353,632
Govt grants 33.6%	Governance costs £10,512
Own income 31.9%	Charitable Activities £343,120 including staff costs of £167,770
GCC grants 5.0%	
Other grants 4.8%	
Contract inc 24.7%	



Positive Lifestyle Group – Pilot project funded by GCC Partick Area Budget

5. The People

Annexe Communities currently has 10 staff, a bank of highly experienced sessional workers and around 25 volunteer supporting our activities on an average week.

Our board of directors consists of a further 10 volunteers who either live or work locally and who have a range of skills and experience to complement the staff team. Two directors recently designed our new website www.annexecommunities.org.uk. Here you will find further details of all the people involved in our organisation.

This year we would like to acknowledge and thank our funders, partners and benefactors;

LankellyChase Foundation
 Scottish Government
 Climate Challenge Fund
 Robertson Trust
 Glasgow City Council
 Partick Housing Association

Glasgow Community Health Partnership
 Housing & Regeneration
 Big Lottery Fund
 Lloyds TSB Foundation for Scotland
 Community Planning Partnership
 Glasgow City Council

