

Annexe Outreach Community Health Clubs

Free!

Anderston Health Club

Anderston/Kelvingrove Church

Tuesdays 11-4pm



Townhead Health Club

Credit Union Shop:

Tuesday 11-4pm



Netherton Health Club

3 Eyes Project

Wednesdays 11-4pm



Knightswood Health Club

Knightswood Community Centre:

Thursdays 11-4pm



In partnership with Greater Glasgow & Clyde NHS
NE and NW Community Health Partnership

Annexe Communities
Partick Annexe Healthy Living Centre
9a Stewartville St
Glasgow, G11 5PE

Phone: 0141-357-6747
Email: info@annexecommunities.org.uk
Web: www.annexecommunities.org.uk
Charity No: SC002491 Company No: 21570

Annexe Cafe

Winner of

Scottish Healthy Living Award!

Open: Monday - Friday 10.00am-2.30pm

Winter Offers

- ☉ Bowl of porridge only £1
- ☉ Enjoy a bowl of delicious home-made soup with bread - only £1.50!
- ☉ Home-made scone with butter & jam & cup of tea only £1.50
- ☉ Soup, Main courses such and a cup of tea/coffee all for £5.00



Thank you to the following for support and funding:

The Robertson's Trust, Big Lottery Fund and GCC



What's on
March 2012

Alcohol Free Night

At Partick Annexe

Sat 31st March

Starring

“The Beggar Girls”

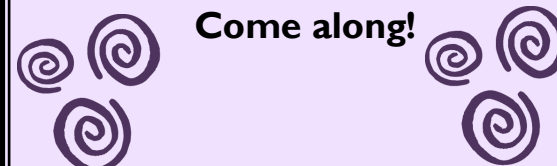
Doors open 6.30pm

Food Served at 7.00pm

Food & Entertainment Free!

**An evening of entertainment
and food, without the alcohol!**

Come along!



Annexe Healthy Living Programme

Day	Group	Time	Start Date	Length	Availability	Cost
Monday	Connects Ukelele Workshops	10.00—12.00pm	30th Jan	10 weeks	Connects waiting lists*	£2
	Slower Health Walk - Partick	11.00-12.00pm	23rd Jan	10 weeks	Drop in	Free
	Annexe Connects Easter Lunch Club	12.00-2.00pm	2nd April -	One Day	Drop in	£2
	Connects Soup Workshops	2.00-4.00pm	23rd Jan	6 weeks	Connects waiting lists*	£2
	Digital Photography Group	2.00-4.00	6th Feb	6 weeks	Drop in	£2
	Stained Glass Workshop	5.00-7.00pm	16th Jan	10 weeks	Waiting list*	£2
	Tuesday	Connects Art Class	10.00-12.00pm	17th Jan	8 weeks	Connects waiting lists*
Connects Circle Dancing		10.30-12.00pm	21st Feb	6 weeks	Connects waiting lists*	£2
Art Class		1.00-3.00pm	17th Jan	10 weeks	Waiting list *	£2
Wednesday	Adult Sewing Class	1.00-3.00 m	18th Jan	6 weeks	Waiting list *	£2
Thursday	Health Walk - Partick	2.00-3.00pm	19th Jan	10 weeks	Drop in	Free
	Positive Lifestyles Course	10.30-12.30	2nd Feb	6 weeks	Connects Drop in	Free
	Art Master Classes	1.30-3.30pm	2nd Feb	6 weeks	Waiting list *	£2
Friday	Better Breathing Class	11.00-12.00pm	20th Jan	10 weeks	Connects waiting lists*	Free
	Gentle Exercise	2.00-3.00	13th Jan	12 Weeks	Drop in	£2
	Health Day	11.00-4.00pm	23rd March	One Off	Drop In	Free
	Friday Film Club	7.00-9.00pm	23rd March	monthly	Connects Drop in	Free
Saturday	Alternative Saturday Night	6.30pm—10.30pm	31st March	One Off	Drop In	Free

***We operate a waiting list system for some classes - please put your name down for any class you wish to join at reception ***

Partick Annexe also has additional activities running on a weekly basis not listed above, these are organised by other community groups or by private groups, e.g. Yoga, Voicebeat Choir, In the Making Youth Studio or Parent and Toddlers Group. Details at reception.